



Menu

SMOOTHIES

Optional protein powder

Choose your base - cow milk, nut milk, soy milk, oat milk

Choose your yoghurt - Greek yoghurt or dairy-free yoghurt

<u>Berry Smooth</u> - berries, milk, ice, honey, yoghurt	9.5
<u>Banana</u> - ice, banana, milk, honey, yoghurt, cinnamon	9.5
<u>Green Cocoa</u> - avocado, banana, cocoa, spinach, ice, honey, yoghurt	9.5
<u>Go Berry</u> - milk, ice, mango, berries, yoghurt	9.5

JUICES

<u>Liver Lover</u> - celery, apple, cucumber, ginger, lemon	9.5
<u>Quench</u> - watermelon, apple, mint	9.5
<u>Sunrise</u> - pineapple, orange, lemon	9.5
<u>Riverside</u> - cucumber, watermelon, carrot, ginger	9.5

COLD DRINKS

Iced Latte, Iced Coffee, Iced Choc	8
<u>Milkshake</u> - Vanilla, Choc, Caramel	8

HOT DRINKS

Coffee, Hot chocolate	5
<u>Tea</u> - Chai, English Breakfast, Lemon Ginger, Forest Berries, Peppermint, Green	5
Alternative milk - Milklab almond, bonsoy, oat	1

PLEASE SEE FOOD CABINET FOR DAILY SPECIALS